

2. Principles of survival including:
  - (a) value of training and drills;
  - (b) need to be ready for any emergency;
  - (c) actions to be taken when called to survival craft stations;
  - (d) actions to be taken when required to abandon ship;
  - (e) actions to be taken when in the water;
  - (f) actions to be taken when aboard a survival craft;
  - (g) main dangers to survivors.
3. Special duties assigned to each crew member as indicated in the muster list, including the differences between the signals calling all crew to survival craft and to fire stations.
4. Types of life-saving appliances normally carried on board ships.
5. Construction and outfit of survival craft and individual items of their equipment.
6. Particular characteristics and facilities of survival craft.
7. Various types of devices used for launching survival craft.
8. Methods of launching survival craft into a rough sea.
9. Action to be taken after leaving the ship.
10. Handling survival craft in rough weather.
11. Use of painter, sea anchor and all other equipment.
12. Apportionment of food and water in survival craft.
13. Methods of helicopter rescue.
14. Use of the first aid kit and resuscitation techniques.
15. Radio devices carried in survival craft, including emergency position-indicating radio beacons.
16. Effects of hypothermia and its prevention; use of protective covers and protective garments.
17. Methods of starting and operating a survival craft engine and its accessories together with the use of fire extinguisher provided.
18. Use of emergency boats and motor lifeboats for marshalling liferafts and rescue of survivors and persons in the sea.
19. Beaching a survival craft.