

2. Every rating forming part of a navigational watch on a sea-going ship of 200 gross register tons or more shall:

- (a) be not less than 16 years of age;
- (b) satisfy the Administration as to medical fitness, particularly regarding eyesight and hearing;
- (c) satisfy the Administration that he has:
  - (i) completed approved sea-going service, including not less than six months' sea experience associated, in particular, with navigational watchkeeping duties; or
  - (ii) successfully undergone special training, either pre-sea or aboard ship, including an adequate period of sea-going service as required by the Administration which shall be not less than two months;
- (d) have experience or training which includes:
  - (i) basic principles of fire-fighting, first aid, personal survival techniques, health hazards and personal safety;
  - (ii) ability to understand orders and make himself understood by the officer of the watch in matters relevant to his duties;
  - (iii) ability to steer and comply with helm orders, together with sufficient knowledge of magnetic and gyro compasses for performance of these duties;
  - (iv) ability to keep a proper look-out by sight and hearing and report the approximate bearing of a sound signal, light or other object in degrees or points;
  - (v) familiarity with the change-over from automatic pilot to hand steering and vice-versa;
  - (vi) knowledge of the use of appropriate internal communication and alarm systems;
  - (vii) knowledge of pyrotechnic distress signals;
  - (viii) knowledge of his emergency duties;
  - (ix) knowledge of shipboard terms and definitions appropriate to his duties.

3. The experience, service or training required by paragraphs 2(c) and (d) may be acquired through performance of duties associated with navigational watchkeeping, but only if such duties are carried out under the direct supervision of the master, officer in charge of the navigational watch or a qualified rating.

4. Administrations shall ensure that an authorized document is issued to every seafarer who by experience or training is qualified in accordance with this Regulation to serve as a rating forming part of a navigational watch, or that his existing document is duly endorsed.

5. A seafarer may be considered by the Administration to have met the requirements of this Regulation if he has served in a relevant capacity in the deck department for a period of not less than one year within the last five years preceding the entry into force of the Convention for that Administration.